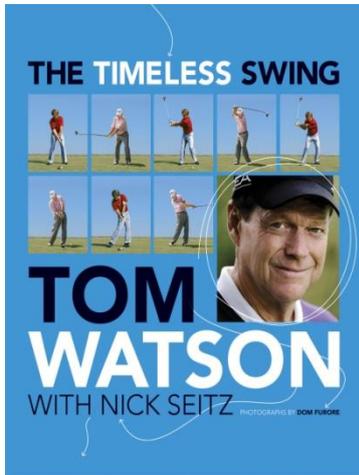




PRESS RELEASE

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THE TIMELESS SWING

Tom Watson

With Nick Seitz

Foreword by Jack Nicklaus

Published 26 May, £20.00, Hb

Tom Watson is undoubtedly one of the legends of the game. Winner of eight majors, including five Open championships, his stunning performance at the 2009 Open Championship, where he finished second, at the age of 59, remains one of the most memorable events in golfing history – and gave hope to older golfers everywhere.

So, what is the secret of Watson's success? How has he managed to stay a champion for more than four decades? What are the techniques that have given him such consistency throughout his career, and earned the respect of fellow professionals and amateurs alike?

In **THE TIMELESS SWING** Watson offers a lifetime's worth of wisdom and insight into the game of golf, showing players of any age how they can play to the best of their abilities and enjoy the game more. In a series of easy to follow illustrated lessons he explains the fundamentals of a good swing starting with the proper grip and set-up. He breaks down the full swing into all its parts, and gives advanced shot-making techniques such as the full sand shot and swinging in the wind.

Watson complements the lessons with drills for achieving a consistent swing, and offers tips and exercises to help golfers continue to swing well when they get older.

For the first time Watson reveals the two key concepts he considers the most important of all – concepts that can enable players of all levels to attain a timeless swing.

"I've been playing this game for over 40 years and I've just learnt something in the last minute that makes total sense – to play successfully from the bunker, as Tom says (on page 143) you need to place much more weight on your left / front foot..!! Of course you do as this will make the angle the club arrives at the ball better for a clean contact, genius !" **SAM TORRANCE**

For a review copy and further information please contact Jane Beaton on 07802 433471, or email janebeaton@tiscali.co.uk.